

## **POST OPERATIVE INSTRUCTIONS FOR CROWN & BRIDGEWORK**

### **1. Having a temporary crown or bridge:**

Before you receive a permanent crown or bridge you will first receive a temporary crown or bridge.

- You may have temperature sensitivity including both hot & cold. The sensitivity should subside after a few weeks of placing the permanent crown or bridge.
- Avoid sticky foods, hard foods & try to chew on the opposite side if possible.
- Brush your teeth normally with a soft toothbrush.

### **2. After the permanent crown or bridge has been issued:**

- In the first 24 hours a soft diet is recommended, the cement needs time to set to have maximum strength.
- Mild sensitivity to hot or cold foods is common. It should disappear gradually over a few weeks.
- Avoid chewing hard foods on the crown or bridge placed, such as: ice, nuts, hard candy, pork crackling etc.

**PLEASE CONTACT OUR SURGERY IF YOU ARE IN PAIN OR IF YOU HAVE ANY CONCERNS**